

BigAppleParent

January 2008

"WE CAN!" EVENT WITH IRON CHEF CAT CORA: Cat Cora, the Food Network's first and only female Iron Chef, will be at the Children's Museum of Manhattan as part of We Can!, a national education program offering tips to help families increase physical activity, improve food choices and reduce screen time. She will be joined by other celebrities from Chefs for Humanity to teach a hands-on nutrition workshop for families (free with CMOM admission). This event is part of other We Can! events taking place at the museum this year through April. 1-3pm. FREE with CMOM admission. Children's Museum of Manhattan The Tisch Building 212 West 83rd Street (between Amsterdam and Broadway). www.cmom.org.